Ross County



Dear Future Athlete, Parents, and Guardians:

Through the power of sports, our athletes find joy, confidence and fulfillment – on the playing field and in life. Whether you are new to Special Olympics or have been involved before, we are excited you are interested in being part of the movement!

To register or re-register as a Special Olympics athlete, please complete the enclosed forms: Athlete Intake Form. This form asks for contact and other information. Waivers, Releases, and Policies. This form goes over some important details about Special Olympics participation. Athlete Medical Care Refusal Form. Only complete this form if you do not consent to emergency medical care on religious or other grounds and have marked a box under the Emergency Care provision in the Waivers, Releases, and Policies form. Athlete Medical Form. Physical exam that needs to be completed and signed by a licensed medical professional (for example, Physician, Registered Nurse Practitioner, or Physician Assistant). If you have any questions when completing the forms, please contact Courtney Davis, Special Olympics Director, at (740)773-8044 ext.287 or RossCountyTrailblazers@sooh.org. Please submit registration forms to: Mail to: **Ross County Special Olympics** 167 W. Main Street Chillicothe, Ohio 45601 Email to: RossCountyTrailblazers@sooh.org

To see the opportunities are local program provides, please follow Special Olympics Ohio – Ross County on Facebook at: https://www.facebook.com/profile.php?id=100086443391878

Enclosed, you will also find a document that outlines the sports that are offered in our programming with estimated registration deadlines for the upcoming seasons.

GO, TRAILBLAZERS!

Athlete Intake Form

Required for all athletes participating in Special Olympics.



Local Special Olympics Pr	rogram:							
Athlete Information	- To be completed by the	athlete or parent/gu	ardian/c	aregiver.				
First name:	I	_ast name:			Middle name:			
Date of birth (dd/mm/y	yyyy):/	Gend	er:	Female M	Male P	refer not	to answer	
Email:		Phone number: _			M	1obile	Landline	
Home address:								
Optional – Check all I								
Race / Ethnicity	American Indian	/ Alaskan Native		Asia	n American			
	Black / African A	Hispanic / Latino						
	Middle Eastern /	Middle Eastern / North African				Other Pa	cific Islander	
	White / Caucasia		nown					
	Other:	Other:				wer		
Language(s) Spoken	English	French		Spanish		American	Sign Languag	e (ASL)
by Athlete	Other (please lis	<u>-</u>):						
Parent/Guardian Info	ormation - Required if mi	nor or otherwise has	a legal g	uardian.				
First Name:		Last Name:			Relations	hip to ath	lete:	
Email:		Phone number: _			M	lobile	Landline	
Home address:								
Emergency Contact		Same a	s Parent,	/Guardian				
First name:	Last name:		Pho	ne number:			Mobile	Landlin
Relationship to athlete	: Parent/guardian	Caregiver	Famil	y member	Healthcare	provider	Coach	Othe
Associated Condition	ns - Mandatory							
Associated	Autism	Cerebral P	alsy	Down 9	Syndrome	Fet	al Alcohol Syr	ndrome
Conditions	Marfan Syndrom	e Spina Bifid	a	Epileps	у	Fra	gile X Syndro	me
Check all that apply:	Other	Unknown						
Please specify other known intellectual disability diagnoses:								
	d Accommodations - Do	you use any of the f	ollowing	? Check all that	apply:			
Mobility	Walker	Braces or o	rutches	Wheeld	hair	Rer	movable orth	otics
Modificy	Prosthetics	None	.i deciles	VVIICER	.iidii	Kei	movable or thi	Jules
Lifestyle Aids	CPAP	Dentures		Glasses	s. contact len	ses. or pro	tective eyew	 ear
	None							
Communications	Hearing Aid	Communic	ation	Sian La	nguage	No	ne .	
Communicacions	ricumig Aid	devices	delon	Sign Lu	nguage	110	TIC .	
Medical Devices	Implantable card	Implantable cardioverter defibrillator (ICD)			Implantable device for seizure management			
	VP Shunt	Pacemake	г	None				
Do you have a specific	dietary requirement?	Yes	No	If yes, please	specify:			
Do you use other assis	stive devices?	Yes	No	If yes, please	specify:			
]				

General Health Questions						
Do you have a heart condition?					Yes	No
Do you have asthma?					Yes	No
Do you have diabetes that requires	you to take	insulin?			Yes	No
Do you have a vision impairment?	Yes	No				
Do you have a hearing impairment?	Yes	No				
Do you have a bleeding disorder?	Yes	No				
Has a doctor ever limited your parti	cipation in s	ports?			Yes	No
Do you have epilepsy or any type of	seizure disc	order?			Yes	No
Do you have sickle cell disease?					Yes	No
Have you ever had a concussion?		Yes	No	If yes, please specify how n	nany in your lifetime	e:
-				Date of last one (mm/yyyy)		
Do you have behavioral, mental hea and/or sensory conditions?	alth,	Yes	No	If yes, please specify:		
Do you have severe allergies that re the use of an EpiPen?	equires	Yes	No	If yes, please specify if it is Insect stings Food Other (please specif	Medication/c Latex	_
Medication and Treatment - Pleas Are you taking any prescription or o		nter medications	s or treat	ments? (Including hirth control	nills insulin multiv	vitamins
Are you taking any prescription or o allergy shots or pills, EpiPen, asthma Yes No If yes, please list:	over-the-cou a inhalers, e	pilepsy medicati		nflammatory medication, suppl	ements of any kind	. etc.)
Are you taking any prescription or o allergy shots or pills, EpiPen, asthma Yes No If yes, please list:	over-the-cou					
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	over-the-cou a inhalers, e	pilepsy medication		nflammatory medication, supplemental medication, supplemental medication, Vitamin, or	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or	Dosage	Times per day	on, anti-ir	Medication, Vitamin, or Supplement Name	ements of any kind	Times
Are you taking any prescription or o allergy shots or pills, EpiPen, asthmates Yes No If yes, please list: Medication, Vitamin, or Supplement Name	Dosage n:	Times per day	on, anti-ir	Medication, Vitamin, or Supplement Name	ements of any kind	Times

Special Olympics encourages all participants to get a yearly physical examination.

Family member

Healthcare provider

Caregiver

Parent/guardian

If yes, please select the relationship to athlete:

Relationship to athlete:

Other

Coach

WAIVERS, RELEASES, AND POLICIES

Please read the following information and check boxes fully before signing.

I agree to the following:

- 1. **Ability to Participate.** I am physically able to take part in Special Olympics activities, and will abide by all applicable rules, requirements and codes of conduct.
- 2. **Likeness Release.** I give permission to Special Olympics, Inc., Special Olympics games organizing committees, Special Olympics accredited Programs (collectively "Special Olympics"), as well as official Special Olympics supporters and partners that have authorization from Special Olympics, to use my likeness, photo, video, name, voice, words, biographical information and similar or related material (my "likeness") to promote Special Olympics and raise funds for Special Olympics. I understand that my likeness may be used in all forms of media in local or global campaigns including those by supporters and partners of Special Olympics but understand that my likeness will not be used to endorse commercial products or services. I understand that I will not be compensated for the use of my likeness.
- 3. **Emergency Care.** If I am unable, or my guardian is unavailable, to consent or make medical decisions in an emergency, I authorize Special Olympics to seek medical care on my behalf, unless I mark one of these boxes:

I have a religious or other objection to receiving medical treatment.

I do not consent to blood transfusions.

(If either box is marked, an EMERGENCY MEDICAL CARE REFUSAL FORM must be completed.)

- 4. **Overnight Stay.** For some events, overnight accommodations may be required. If I have questions, I will contact my Special Olympics Program.
- 5. **Health Programs.** If I take part in a health program, I consent to health activities, screenings, and treatment. This should not replace regular health care. I have the right to decline Health programming treatment (which is different from sideline or emergency medical care) at any time."
- 6. **Personal Information.** I understand that Special Olympics will be collecting my personal information as part of my participation, including my name, image, address, telephone number, health information, and other personally identifying and health related information I provide to Special Olympics ("personal information").

I agree and consent to Special Olympics:

- using my personal information in order to: make sure I am eligible and can participate safely; run trainings and events; share competition results (including on the Web and in news media); provide health treatment if I participate in a health program; analyze data for the purposes of improving programming and identifying and responding to the needs of Special Olympics participants; perform computer operations, quality assurance, testing, and other related activities; and provide event-related services.
- using my contact information for communicating with me about Special Olympics.
- sharing my personal information confidentially with (i) researchers such as universities and public health agencies that are studying intellectual disabilities and the impact of Special Olympics activities, (ii) medical professionals in an emergency, and (iii) government authorities for the purpose of assisting me with any visas required for international travel to Special Olympics events and for any other purpose necessary to protect public safety, respond to government requests, and report information as required by law.
- I have the right to ask to see my personal information or to be informed about the personal information that is processed about
 me. I have the right to ask to correct and delete my personal information, and to restrict the processing of my personal
 information if it is inconsistent with this consent.

Privacy Policy. Personal information may be used and shared consistent with this form and as further explained in the Special Olympics privacy policy at www.SpecialOlympics.org/Privacy-Policy.

SYMPTOMS FOR SPINAL CORD COMPRESSION and ATLANTOAXIAL INSTABILITY (For athlete with Down syndrome only)

If I (or the athlete) have been diagnosed with or experienced any of the following symptoms that have increased in severity over the past three years – difficulty controlling bowels or bladder; numbness or tingling in legs, arms, hands, or feet; weakness in arms, legs, hands or feet; burner/stinger/pinches nerve, pain in neck, back shoulders, arms, hands, buttocks, legs or feet; spasticity or paralysis – I must obtain a review and permission from a licensed medical practitioner to train and/or participate in Special Olympics activities.

WAIVER AND RELEASE OF LIABILITY / ASSUMPTION OF RISK / INDEMNIFICATION

In consideration of being allowed to participate in any way in Special Olympics activities, the undersigned acknowledges, appreciates, and agrees that:

- 1. While particular rules and personal discipline may reduce this risk, the risk of illness (including communicable diseases), injury (including concussion), disability, and death does exist;
- 2. If I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest Special Olympics representative immediately; and,
- 3. I understand the risks involved with participation in Special Olympics activities. I fully accept and assume all risks and all responsibility for losses, costs, and damages I may incur as a result of my participation. To the fullest extent of the law, I release and agree not to sue any Special Olympics organization, its directors, agents, volunteers, and employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable owners and lessors of premises on which any Special Olympics activity is occurring ("Releasees") related to any liabilities, claims, or losses on my account caused or alleged to be caused in whole or in part by the Releasees even if arising from the negligence of the Releasees. I have read this release of liability and assumption of risk provision, fully understand its terms, acknowledge that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement. I further agree that if, despite this release, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify and hold harmless each of the Releasees from any such liabilities, claims, or losses as the result of such claim. I agree that if any part of this form is held to be invalid, the other parts shall continue in full force and effect.

Athlete Name:									
ATHLETE SIGN (required for adult athlete with capac									
I have read and understand this form. If I have questions, I will ask. By signing, I agree to this form.									
Athlete Signature:	Date (dd/mm/yyyy):/								
PARENT/GUARDIAN SIGNATURE (required for athlete who is a minor or lacks capacity to sign legal documents)									
I am a parent or guardian of the athlete. I have read and understand this form and have explained the contents to the athlete as appropriate. By signing, I agree to this form on my own behalf and on behalf of the athlete.									
Parent/Guardian Signature:	Date (dd/mm/yyyy):/								
Printed Name:	Relationship:								

EVALUATION AND RESEARCH (Optional)

Special Olympics wants to help our athletes and their families stay healthy and happy. We may take part in research studies and would share information for your potential participation. All studies will be checked by the Special Olympics Chief Health Officer.

Would :	you or y	our famil/	y be interested	in learning a	bout research studie	es?
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Yes No



EMERGENCY MEDICAL CARE REFUSAL FORM

Instructions: Only complete this Emergency Medical Refusal Form (this "Form") if you do not consent to emergency medical care on religious or other grounds and have marked a box under the Emergency Care provision on the Special Olympics Athlete Registration Form ("Athlete Registration Form").

I am a Special Olympics Athlete with the capacity to sign legal documents on my own behalf and agree to the following; or I am the Parent/Guardian of the Athlete named below who is a minor or lacks the capacity to sign legal documents and agree to the following on their behalf.

No Consent to Emergency Medical Care. I understand that the Athlete Registration form requires Athletes
or their Parents/Guardians to consent to emergency medical care for an Athlete if needed in an emergency.
Based on my religious beliefs and/or other reasons I DO NOT CONSENT to emergency medical care in an
emergency.

YOU MUST MARK THE BOX AND WRITE YOUR INITIALS NEXT TO ONE STATEMENT TO CONFIRM YOUR INTENT TO NOT CONSENT TO EMERGENCY MEDICAL CARE:

I DO NOT CONSENT TO ANY KIND OF EMERGENCY MEDICAL CARE, EVEN IN A LIFE-THREATENING
EMERGENCY. INITIALS:
I DO NOT CONSENT TO BLOOD TRANSFUSIONS, EVEN IN A LIFE-THREATENING EMERGENCY. I
CONSENT TO ALL OTHER KINDS OF EMERGENCY MEDICAL CARE. INITIALS:

- 2. Assumption of Risk; Waiver and Release of Liability; Indemnification. I understand the risks involved with participating in Special Olympics activities and fully accept and assume all risks and all responsibility for losses, costs, and damages I may incur as a result of my participation. By marking one or more of the boxes and adding my initials in Section 1 above, to the fullest extent of the law, I release and agree not to sue SOI, any Special Olympics Program (a "Program" or "Programs"), Local Organizing Committee or other Special Olympics organization, or their directors, agents, volunteers, and employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises (collectively, the "Releasees") for any claims that may arise out of taking or failing to take measures to provide me with emergency medical care even if arising from the negligence of the Releasees. I am agreeing to this release, and acknowledge I have given up substantial rights, because I have refused, knowingly and voluntarily, without inducement, to give the Releasees permission to take emergency measures, and I am expressly withholding consent to emergency medical care on religious or other grounds. I further agree that if, despite this release, I or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify and hold harmless each of the Releasees from any such liabilities, claims, or losses resulting from that claim. I agree that if any part of this Form is held to be invalid, the remaining parts shall continue in full force and effect.
- 3. <u>Printed Instructions</u>. I agree to carry printed instructions that describe my religious or other objections to emergency medical care as described in this Form and how I wish the person accompanying me to respond if I get sick or hurt and cannot speak for myself. I agree to carry these printed instructions with me at all times during my participation in any Special Olympics activity, including during mealtimes, in overnight accommodations, at training sessions and competitions, and during travel to and from Special Olympics activities.

- **4.** Parent or Guardian Accompaniment. I understand that I must be accompanied by a Parent/Guardian in order for that person to take personal responsibility for me during a medical emergency in which I am unable to speak for myself.
- 5. <u>Emergency Medical Care If Athlete Is Not Accompanied</u>. I understand that if I am not carrying the printed instructions or the accompanying Parent/Guardian is not present and actively taking personal responsibility for me during a medical emergency where I am unable to speak for myself, Special Olympics may seek emergency medical care for me as recommended by medical professionals responding to the emergency. I waive any claims against the Releasees should they seek emergency care for me.

Athlete Name:								
ATHLETE SIGNA (required for adult athlete with capac								
I have read and understand this form. If I have questions, I will ask. By signing, I agree to this form.								
Athlete Signature:	Date (dd/mm/yyyy):/							
PARENT/GUARDIAN SIGNATURE (required for athlete who is a minor or lacks capacity to sign legal documents)								
I am a parent or guardian of the athlete. I have read and understand this form and have explained the contents to the athlete as appropriate. By signing, I agree to this form on my own behalf and on behalf of the athlete.								
Parent/Guardian Signature:	Date (dd/mm/yyyy)://							
Printed Name:	Relationship:							

Athlete Medical Form



To be completed by a Licensed Medical Practitioner qualified to conduct physical exams and prescribe medications. If necessary, please use additional pages to list anything else Special Olympics should know about this athlete.

Athlete first and last name: Date of birth (dd						birth (dd/mr	n/yyyy):	_/	<i></i>	
Height (in/cm)	Weight (lb/kg)	Waist Circumference (in/cm)	Temperature (°F/°C)	Puls (bpr	_	O2Sat (%)	Blood Pro (mmHG)	essure	Visio (out	n of 20)
		(iii)					systolic	diastolic	os	od
Does the atl	nlete presen	t with any of the fo	ollowing?							<u> </u>
High Blood P	ressure	Yes N	lo		Coelia	ic Disease		Yes	No	Unknown
Kidney Disea			porosis		Yes	No	Unknown			
Anemia		Yes N	lo Unkno	own	Non-v	erbal		Yes	No	
Has any fami	ly member o	r relative died of he	art problems or o	of sud	den dea	ath before a	ge 50?	Yes	No	
Was the athle	ete born with	nout or missing a kid	lney, an eye, a te	sticle,	or any	other organ	?	Yes	No	
Does the ath	lete have any	y past surgeries?						Yes	No	Unknown
Did the athle	te ever have	an abnormal Electr	ocardiogram (EK	G) or I	Echocar	diogram (EC	:HO)?	Yes	No	Unknown
Did the athle	te ever have	any broken bones o	or dislocated join	ts?				Yes	No	Unknown
Does the athlete have liver disease? Yes							No	Unknown		
Does the athlete have lung disease? Yes No Unkno							Unknown			
Does the ath	lete have hea	art disease?						Yes	No	Unknown
Medical										
Eyes, ears, nose, and throat: include pupils, hearing Normal Abnormal						onormal				
Heart: Include murmurs (auscultation standing, auscultation supine, and ± valsalva maneuver) Normal Abnormal						onormal				
Lungs Normal Abnorma						onormal				
Abdomen Normal Abnormal							onormal			
Skin: HSV, MRSA, or tinea corporis Normal Abnorma							onormal			
Neurological							Normal	Abnormal		
Musculoske	letal									
Neck		Normal Abnormal Hip and thigh Normal Abnorm					onormal			
Back		Normal	Abnormal		Knee			Normal	Abnormal	
Shoulder and	l arm	Normal	Abnormal		Lower	· leg and ank	le	Normal	Abnormal	
Elbow and fo	rearm	Normal	Abnormal		Foot a	ind toes		Normal	Al	onormal
Wrist, hand,	and fingers	Normal	Abnormal							
Additional f	indings for a	ny of the above co	nditions:							

Medical Physical Examination - To be completed by practitioner only.

MEDICAL ELIGIBILITY FOR SPORT (TO BE COMPLETED BY PRACTITIONER ONLY)

Licensed Medical Practitioner: It is recommended that the practitioner review items on the medical history with the athlete or their quardian, prior to performing the physical exam. If further medical evaluation is warranted, the practitioner must refer the athlete to a specialist and reassess the results from this examination to determine eligibility for participation. Medically eligible for all sports or for sports listed: ______ without restriction. Medically eligible for all sports or for sports listed: with recommendations for further evaluation or treatment of: Not medically eligible pending further evaluation of: ______ Not medically eligible to participate in the following sports: Not medically eligible for any sports I have examined the athlete named on this form and completed the preparticipation physical evaluation. The athlete does not have apparent clinical contraindications to practice and can participate in the sport(s) as outlined on this form. If conditions arise after the athlete has been cleared for participation, the physician may rescind the medical eligibility until the problem is resolved and the potential consequences are completely explained to the athlete (and parents or quardians). Name of licensed medical practitioner (print or type): Date (dd/mm/yyyy):____/___ Address: _____ Phone: _____ Signature of licensed medical practitioner:

NPI or License number:

License type (MD, DO, NP, or PA): _____



2026 Program Year – Registration Dates

*Dates are subject to change depending on changes sent from Special Olympics Ohio

Spring Season -

Powerlifting: March 2nd—May 31st Registration Deadline: February 18, 2026

Practice Location: Social Stacked Club (78 W. Water St, Chillicothe)

Athletics (Track & Field): March 16th—May 31st Registration Deadline: March 4, 2026

Practice Location: CHS Herrnstein Field/Bobo Track (401 Stacey Rd, Chillicothe)

Bowling: March 30th—May 31st Registration Deadline: March 11, 2026

Practice Location: Shawnee Lanes

Summer/Fall Season -

Golf: July—September Registration Deadline: June 3, 2026

Practice Location: Jaycee Golf Course (12100 Pleasant Valley Rd, Chillicothe)

Cornhole: August—September Registration Deadline: July 22, 2026

Practice Location: Pioneer School Track (11268 Co Rd 550, Chillicothe)

Flag Football: August—October Registration Registration Deadline: July 22, 2026

Practice Location: Chillicothe Park Annex (Borlands Xing, Chillicothe)

Disc Golf: August—September: Registration Deadline: July 22, 2026

Practice Location: Aileen Cole Stewart Memorial DGC (17273 OH-104, Chillicothe)

Winter Season - Registration Deadline: September 2, 2026

Basketball: October—February

Practice Location: OUC Shoemaker Center (101 University Drive, Chillicothe)

Cheerleading: October—December

Practice Location: Pioneer Center (167 W. Main Street, Chillicothe)

Swimming: October—February

Practice Location: YMCA of Ross County (100 Mill St, Chillicothe)

Special Olympics Ohio – Ross County